

# Central Lyon Menu - March



### BREAKFAST PRICES

Student: Free  
 Adult: \$1.90  
 Second Juice: \$.40

### LUNCH PRICES:

Grades TK-6: \$2.40  
 Grades 7-12: \$2.50  
 Adult: \$4.85  
 Second Entrée \$2.50  
 Extra Milk: \$0.40

**BREAKFAST SERVING TIME IS  
 7:45-8:05 am**

**Menu items are subject to  
 change without notice. If you  
 have any questions or concerns,  
 please contact Darsha Tuenge,  
 Food Service Director, at (712)  
 472-2664.**

**This institution is an equal  
 opportunity employer.**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>3 Breakfast</b> Cereal & Toast  <b>Lunch</b> Goulash Breadstick Corn Romaine lettuce w/ dressing Applesauce	<b>4 Breakfast</b> French Toast Sticks Syrup Yogurt  <b>Lunch</b> Corn Dog Baked beans Baby Carrots Peaches Sandwich 7-12	<b>5 Breakfast</b> Cereal Bar, Poptart or Muffin Yogurt  <b>Lunch</b> Fish Shapes TK-6 Fish Sandwich 7-12 Smiles Peas Mixed Fruit Sandwich TK-6	<b>6 Breakfast</b> Scrambled Eggs Toast  <b>Lunch</b> Chicken Noodle Soup Crackers String cheese Carrots Pears Sandwich 7-12	<b>7 Breakfast</b> Breakfast Pizza Yogurt  <b>Lunch</b> Cheese Quesadilla Romaine lettuce w/ dressing Corn Grapes Sandwich 9-12
<b>10 Breakfast</b> Breakfast Bagel Yogurt  <b>Lunch</b> Taco in a bag w/ lettuce and cheese Baby carrots Green beans Peaches Sandwich 7-12	<b>11 Breakfast</b> Waffles & Syrup Yogurt  <b>Lunch</b> Salisbury Steak Mashed Potatoes Carrots Orange wedges Dinner Roll	<b>12 Breakfast</b> Cereal and Toast  <b>Lunch</b> Boneless Chicken Drumsticks w/ Mashed potatoes Gravy or butter Corn Applesauce Sandwich 7-12	<b>13 Breakfast</b> Egg & Cheese Biscuit Yogurt  <b>Lunch</b> Sloppy Joe on a bun Baby carrots Baked beans Pineapple	<b>14 Breakfast</b> Strawberry cream cheese bagel or Mini Cinni Yogurt <b>Lunch</b> Grilled Cheese Sandwich Peas Romaine lettuce w/ dressing Apple slices
<b>17 Breakfast</b> Cereal or Muffin Yogurt  <b>Lunch</b> Mr Rib on a bun Hash brown patty Baby carrots Pears Cookie	<b>18 Breakfast</b> Pancakes & syrup Sausage patty  <b>Lunch</b> Chili Crispito Black beans Corn Juice cup Sandwich K-4	<b>19 Breakfast</b> Breakfast Pizza Yogurt  <b>Lunch</b> Chicken Alfredo Garlic Toast Broccoli Romaine lettuce w/ dressing Peaches	<b>20 Breakfast</b> Donut Yogurt  <b>Lunch</b> Hot Ham and Cheese On a bun Carrots & Celery Mixed veggies Pineapple	<h2>NO SCHOOL</h2>

**All breakfasts are served with milk, juice, and fruit.  
 All lunches are served with 1% white or fat free chocolate milk.**

# March 2025

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>24 Breakfast</b> Cereal and Toast  <b>Lunch</b> Popcorn Chicken w/ rice TK-6 Orange chicken & rice 7-12 Carrots Applesauce Sandwich	<b>25 Breakfast</b> Pancake & Sausage on a stick w/ syrup  <b>Lunch</b> Hamburger on a bun Jumbo tots Peas Grapes	<b>26 Breakfast</b> Cereal or Frudel Yogurt  <b>Lunch</b> Pancakes & Syrup Sausage patties Corn Baby carrots Banana	<b>27 Breakfast</b> Cheese Omelet w/ Toast  <b>Lunch</b> Chili w/ Cinnamon Roll Crackers String cheese Baby carrots Pears	<b>28 Breakfast</b> Dutch Waffle Yogurt  <b>Lunch</b> Pizza Mixed veggies Romaine lettuce w/ dressing Mandarin oranges
<b>31 Breakfast</b> Cereal and Toast TK-6 Breakfast pizza 7-12  <b>Lunch</b> Meatball Sub w/ Mozzarella cheese Baby carrots w/ ranch Green beans Applesauce				

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